

Weekly Specials

Prices Effective

Fri. March 2nd — Thu. March 8th, 2018



OR



BULK

**POUR
YOUR
OWN**



PRODUCE

- Red & Green Grapes \$1.39/lb
- Strawberries \$2.99/ 1lb pkg
- Asparagus \$3.99/lb
- Yukon Gold Potatoes99¢/lb
- Granny Smith Apples 99¢/ea
- Shiitake Mushrooms \$9.99/lb
- Anjou Pears 69¢/ea
- Cara Cara Oranges 99¢
- Broccoli \$1.49/lb
- Brussel Sprouts \$1.49/lb
- Fresh Express Salad Kits (Sel. Var.) \$2.49

MEAT

- Certified Angus Shoulder Roast or Blade Roast
..... \$3.99/lb
- Certified Angus Strip Steaks \$8.99/lb
- Boneless Pork Chops \$1.89/lb
- Stone Wood Ground Turkey, 16 oz \$6.99/pkg
- Whole Boneless Pork Loins \$1.69/lb
- North Country uncured Bacon, 12 oz .. \$7.29/pkg

BAKERY

- Red Raspberry Pie 8" \$4.99
- Chocolate Chip Cookies, 1 dz \$2.99
- Original Bagels, 6pk (Sel. Var.) \$2.99

BEVERAGE

- Alesmith Beer, 6 pks \$12.99
- Lagunitas, 12 pks \$15.99
- Chateau Julien Merlot \$9.99

DAIRY

- Hood Half and Half, 16 oz 98¢ (Limit 4)
- Cabot Butter, 16 oz. \$2.99 (Limit 4)
- Cracker Barrel Cheese, 8 oz 2/\$5
- Philidelphia Cream Cheese Tubs (Sel. Var.) . 2/\$5
- Tropicana Orange Juice, 59 oz \$2.99

DELI

- Boar's Head Tavern Ham \$5.99/lb
- Boar's Head Mozzarella Cheese \$4.99/lb
- Applegate Oven Roasted Turkey \$9.99/lb
- Four Bean Salad \$2.99/lb

SEAFOOD






- SeaBest 41/50 Cooked Shrimp, 1lb. \$6.59/pkg
- Matlaw's Bacon & Cheese Stuffed Clams, 15 oz ..
..... \$4.99/pkg

FLIP FOR MORE SAVINGS...



FRESH

Kite Hill Dairy Free Cream Cheese, 8 oz ... \$5.99
 Nuttin Ordinary Cashew Cheese, 6 oz
 \$6.99

GROCERY

Quaker Life Cereal, 13 oz 2/\$5
 Cheerios (Sel. Var.) \$1.89
 Bounty 6-Roll \$6.99
 Late July Tortilla Chips, 11 oz. 2/\$5
 Pacific Broth, 32 oz \$2.79
 Garden of Eatin Tortilla Chips, 16 oz 2/\$6
 Napa Valley Naturals Extra Virgin Olive Oil,
 25.4 oz \$7.99
 Alta Palla Sparkling Beverage, 4pk. \$3.69
 Nature's Path Eco-Pac Cereals (Sel. Var.)
 \$6.99
 Yogi Tea, 16 oz (limit 1). \$1.99 **WITH COUPON**
 Clif Nut Butter Filled Bars 2/\$1.50 **WITH COUPON**


SPECIALTY CHEESE

 VT Creamery Fresh Goat Cheese, 4 oz . . \$2.99
 VT Creamery Creamy Goat Spread, 4 oz
 \$2.99


BULK

 Northwoods Apiaries "Pour Your Own"
 Vermont Honey. \$4.99/lb
 Equal Exchange Love Buzz & Midnight Sun
 Whole Bean Coffee \$8.99/lb
 Golden Temple Blueberry-Flax Granola. . \$2.99/lb
 Pearled Barley. \$1.39/lb
 High Gluten Flour \$1.39/lb
 Dry Roasted Unsalted Peanuts \$3.59/lb

FROZEN

Birdseye Boxed Vegetables, 10 oz (Limit 8)... 88¢
 Pepperidge Farm Cakes, 19.6 oz (Limit 4)... \$1.98
 Mrs. Pierogies, 16 oz 2/\$5
 Rudy's Breads (Sel. Var.) \$3.99

HEALTH & BEAUTY

 Avalon Shampoo or Conditioner, 11 oz
 (Limit 4). \$3.99 **WITH COUPON**
 JR Liggett's Bar Shampoo, 3.5 oz. \$3.99
 Ancient Nutrition Keto Line (Sel. Var.) .. 50% OFF
 Gaia Elderberry Syrup, 3 oz. \$12.99



**CATCH THE BEST PRICE ON FISH
 EVERY FRIDAY
 February 16th - March 23rd
 IN OUR SEAFOOD DEPARTMENT**

ON SALE \$6.99 Fresh
3/2 Lb Tilapia Fillets