

# Weekly Specials

Prices Effective

Fri. March 16<sup>th</sup> — Thu. March 22<sup>nd</sup>, 2018



Boneless  
Pork Country  
Style Ribs  
**\$1.89**  
Lb

Avocados **79¢**  
Ea



**DELI**

8 Oz  
Boar's Head  
Dark Chocolate  
Hummus  
**\$2.99**

North Country  
Smoked  
Turkey **\$7.99**  
Lb



Sel. Var. • 15.2 Oz  
KEVITA  
Kombucha **\$1.99**



## PRODUCE

- Avocados ..... 79¢
- Celery ..... \$1.29/bunch
- Cantaloupe..... 2/\$3
- Jumbo Navel Oranges..... 99¢
- Minneolas..... 79¢
- Hot House Tomatoes..... \$1.59/lb
- Brussels Sprouts ..... \$2.99/lb
- Lacinato Kale ..... \$1.99
- Baby Peeled Carrots, 1lb ..... 2/\$3
- Fancy Yams ..... .89¢/lb

## MEAT

- Certified Angus Sirloin Steak ..... \$4.99/lb
- Boneless Pork Country Style Ribs ..... \$1.89/lb
- Whole Pork Butts ..... \$1.79/lb
- Lamb Loin Chops ..... \$8.99/lb
- Boars Head Bacon, 16 oz ..... \$6.49/pkg
- Bilinski's Chicken Sausage ..... \$6.99/pkg

## BAKERY

- Baked English Toasting Bread, 16 oz ..... \$1.99
- Apple Pie, 22 oz ..... \$3.99
- Chabaso Ciabatta Breads, 15 oz (Asst. Var.) . \$2.99

## BEVERAGE

- Tuckerman's, 12 pks. .... \$13.99
- Sutter Home, 1.5L..... \$8.99
- Guinness, 8 pks ..... \$13.99
- Woodstock Inn Brewery, 6 pks. .... \$7.99

## DAIRY

- Shurfine Bars & Shreds, 8 oz ..... \$1.28
- Florida Natural Juices, 59 oz ..... \$2.99
- Stonyfield Yogurts, 5.3 oz (Sel. Var.) .... 5/\$4
- Organic Valley Cheeses (Sel. Var.) 8 oz \$4.39
- Sigg'i's Icelandic Skyr, 5.3 oz. .... 99¢ (limit 1) **WITH COUPON**

## DELI

- North Country Smoked Turkey..... \$7.99/lb
- Boar's Head Corned Beef ..... \$7.99/lb
- Boar's Head Imported Swiss ..... \$6.99/lb
- Greek Pasta Salad ..... \$3.59/lb

## SEAFOOD


- SeaBest 51/60 Cooked Shrimp, 1lb bag..... \$7.99/pkg
- Wild Caught Cleaned Calamari, 1lb pkg \$7.69/pkg

FLIP FOR MORE SAVINGS...

## FRESH

Simply Potatoes, 24 oz .....\$2.99  
 Boar's Head Dark Chocolate Hummus, 8 oz  
 .....\$2.99



## GROCERY

Tate's Cookies, 7 oz ..... \$3.69  
 Gatorade, 32 oz..... 5/\$5  
 Green Mountain Coffee K-Cups, 12 ct ..... \$6.99  
 Domino Granulated Sugar, 4 lb .....\$1.89  
 Shur Fine Flour, 5 lb.....\$1.69  
 Shur Fine Brown or 10x Sugar, 2lb.....\$1.39  
 Honey Bunches of Oats Cereal, (Asst. Var.) . 2/\$5  
 Cheerios, (Asst. Var.).....\$1.89  
 Bumble Bee Solid White Tuna, 4pk.....\$5.49  
 Heinz Gravy, 12 oz ..... 2/\$3  
 Barilla Pasta Sauce, 24 oz ..... 2/\$4  
 Barilla Pasta, 16 oz..... 4/\$5  
 Keebler Town House Crackers, (Asst. Var.).. 2/\$5  
 Planters Peanuts, 16 oz.....\$2.99  
 Clif Kid Z Bar, 6 ct ..... 2/\$5  
 Kevita Kombucha, (Sel. Var.) 15.2 oz.....\$1.99  
 Annie's Homegrown Pasta & Cheese, 6 oz  
 ..... 3/\$5  
 Chocolove Mini Bars, (Asst. Var.)..... 5/\$5  
 Lundberg Farms Quinoa, 12 oz. ....\$3.39 WITH COUPON  
 Vita Coco Coconut Water, 1 ltr ..... \$2.99 (limit 1)

## BULK

 Northwoods Apiaries "Pour Your Own"  
 Vermont Honey.....\$4.99/lb  
 Equal Exchange French Roast & Congo.....  
 Rising Whole Bean Coffee.....\$8.99/lb  
  Grandy Oats Granola (Sel. Var.) ... \$5.99/lb  
 Green Lentils..... \$1.99/lb  
 Millet ..... \$1.49/lb  
 Wild Ginger Harvest Trail Mix..... \$7.99/lb  
 Deluxe Mixed Nuts, Roasted & Salted ... \$11.99/lb  
  Chocolate Almond Trail Mix ..... \$9.99/lb  
  Maple Roasted or Sesame Nori Cashews  
 ..... \$12.99/lb

## FROZEN

Klondike Bars, 24 oz .....\$2.99  
 Talenti Gelato, 16 oz .....\$2.99  
 Nature's Path Waffles, 7.5 oz ..... 3/\$7  
 Alexia French Fries, 16 oz (Sel. Var.) .... 2/\$5  
 Tres Mini Pupusas, 10 oz ..... \$4.39

## HEALTH & BEAUTY

Dermae Hair Care, 8 oz ..... \$6.99  
 Desert Essence Lip Rescue, .15 oz .....\$1.99  
 Schmidt Toothpaste, 4.7 oz ..... \$3.99

## SPECIALTY CHEESE

Kerrygold Irish Aged Cheddar, Reserve Cheddar,  
 Skellig, Dubliner ..... \$4.39/each

**CATCH THE BEST PRICE ON FISH  
 EVERY FRIDAY**  
**February 16<sup>th</sup> - March 23<sup>rd</sup>**  
**IN OUR SEAFOOD DEPARTMENT**

**ON SALE \$13.99** Fresh, Wild  
**3/16** Dry Sea Scallops  
 Lb

**MARCH 17<sup>th</sup> & 18<sup>th</sup>**

**MEMBER  
 DISCOUNT  
 WEEKEND**  
**SAVE 10%** 