

Weekly Specials

Prices Effective

Fri. Oct. 12th — Thu. Oct. 18th, 2018



Avocados

79¢
Ea

Pomegranates

\$1.99
Ea



30 Oz
Imagine Soup

2/\$5



4 Pks
Moat Mountain

\$8.99



12 Oz • Select Varieties
Lilly's Hummus

\$2.99



Large • 1 Doz
Pete & Gerry's
Eggs

\$3.99



7 Oz • Cranberry or
Blueberry
VT Farmstead
Windsordale

\$5.49



750 mL
La Rioja
Wines

\$7.99

PRODUCE

- Avocados 79¢/ea
- Pomegranates \$1.99/ea
- Equal Exchange Avocados \$1.29/ea
- Honey Crisp Apples \$1.29/ea
- White Mushrooms, 8 Oz \$1.99/ea
- Cantaloupe \$1.99/ea
- Red Grapes \$1.99/lb
- Cranberries, 12 Oz \$1.49/ea
- Asparagus \$3.49/lb
- Lemons 2/\$1
- Red Grapefruit 99¢/ea

MEAT

- Certified Angus T-Bone
or Porterhouse Steak \$7.99/lb
- Certified Angus Chuck Roast \$3.99/lb
- Certified Angus Family Pack
Ground Chuck \$3.99/lb
- Lamb Loin Chops \$7.99/lb
- Misty Knoll Whole Chickens \$3.99/lb
- Black River Uncured Sausage, 12 Oz \$6.49/ea
- Boars Head Bacon, All Varieties. . . . \$5.99/ea

SEAFOOD

- Sea Best Raw Shrimp, 16/20 Ct, 1 Lb \$8.49
- Wild Caught Calamari, 1 Lb \$7.99

BEVERAGE

- Moat Mountain Brewery, 4 Pks \$8.99
 - LaRiojana Wines, 750 mL \$7.99
 - Cupcake Wines \$9.99
 - All Oktoberfest Beer Varieties* \$1 off**
- *While Supplies Last.*

BAKERY

- Cranberry Orange
Oatmeal Cookies, 1 Doz \$2.99
- Stonefire Mini Naan Bread, 7 Oz \$2.49
- Original Bagels, 30 Oz, Select Varieties. . . . \$2.99

DELI

- Boar's Head No Salt Turkey \$5.99/lb
- Boar's Head Picante Provolone \$5.99/lb
- Mother Goose Liverwurst \$4.59/lb
- Buffalo Chicken Pasta Salad \$4.99/lb

DAIRY

- Pete and Gerry's Large Eggs, 1 Doz . \$3.99
- Cabot Butter, 16 Oz \$2.99
- Organic Valley Half and Half, 16 Oz \$2.99
- Almond Breeze, 64 Oz \$2.99
- Vital Farms
Pasture Raised Butter, 8 Oz \$1.99 **WITH COUPON**

**more savings on
reverse side →**

GROCERY

- Domino Sugar, 4 Lb.\$1.99
- Quaker Life Cereal, 13 Oz. 2/\$5
- Cape Cod Chips, Select Varieties 2/\$5
- Zico Coconut Water, 33.8 Oz\$2.99
- Barilla Pasta Sauce, 24 Oz.....\$1.99
- Barilla Pasta, 16 Oz 4/\$5
-  Imagine Soup, 30 Oz 2/\$5
-  Cascadian Farm Cereal, Select Varieties 2/\$6
-  Natures Path
- Love Crunch Granola, 11.5 Oz \$3.49
-  Westbrae Beans, 15 Oz 3/\$5
-  GTS Kombucha, 16 Oz 2/\$5
- Garden of Eatin'
- Tortilla Chips, Select Varieties 2/\$6

FROZEN

- Saffron Road Frozen Entrées, 10 Oz 1.99 **WITH COUPON**
- Kemps Frozen Yogurt, 48 Oz 2/\$6
- Eggo Waffles, Select Varieties\$1.99
-  Woodstock Organic
- Frozen Fruit, Select Varieties 2/\$7
-  Alexia French Fries, Select Varieties\$2.99

SPECIALTY CHEESE

-  VT Farmstead Windsordale,
7 Oz ▪ Cranberry or Blueberry.\$5.49

BULK

- SunRidge Farms Zen Party Mix\$5.99/lb
-  Pistachios,
Roasted & Salted, In-Shell.....\$9.99/lb
-  White Royal Quinoa.....\$2.29/lb
-  Pinto Beans..... \$1.99/lb
-  Rising Moon Italian Semolina Pastas. \$1.99/lb
-  New England Naturals Muesli\$3.99/lb
-   Grandy Oats
- Coffee Coconola Paleo Granola.....\$8.99/lb
- Wild Ginger Trail Mix..... \$7.99/lb
- Woodstock Dark Chocolate Raisins\$5.99/lb

HEALTH & BEAUTY

-  Smarty Pants Organic
Gummy Vitamins, Select Varieties **25% off**
Biochem
- Whey Protein Powder, Select Varieties .. **25% off**
- Herbatint Hair Color, Select Varieties..... \$9.99

FRESH

- Lilly's Hummus, 12 Oz, Select Varieties\$2.99
- Farmhouse
- Culture Kraut, 16 Oz, Select Varieties..... \$4.99

October is
Fair Trade &
Cooperative
Month

Littleton Food Coop's Annual

Oktober

Chili
Cookoff

Saturday, October 27, 2018
From Noon until 2 PM